



Hyphen the World
Connection. Compassion. Co-Creation

Potential Project Opportunities

A. Jatan Sansthan

About the Organisation: Jatan Sansthan is a grassroots not-for-profit organization working with rural and resource poor communities in the state of Rajasthan, India in the districts of Rajsamand, Udaipur and Bhilwara. Jatan has its presence in more than 1200 villages across these areas, which have traditionally had poor social indicators. Since its establishment in 2001, Jatan has designed and implemented various initiatives geared towards improving social and demographic indicators by working with youth groups. In the last decade, Jatan has worked on programs related to children, young people and women in the areas of health and education.

Project:

Creating advocacy material for adolescent friendly health clinics: Such clinics are sensitive to the life stage of adolescence and therefore the need to engage with adolescents with that awareness. They are equipped with an adolescent counsellor. The reason why this is highlighted is because having such spaces dedicated to the needs of adolescence are not common in the rural communities in India. This can involve engaging with the stakeholders and creating an easy to use guide/map of all the adolescent friendly clinics, graphical depiction of the benefits of accessing the clinics for adolescents and advocacy material for parents as well.

B. Rubaroo

About the Organisation: Rubaroo - simply meaning to come face to face, with myself, society and issues around me, which include - my choices, my values, my fears, and everything that becomes a part of my identity. It is a space, which nurtures potential to challenge and breakaway from the conditioning of society but also a space that gives one the freedom to choose consciously, question, and learn to be. Taking on this meaning, Rubaroo aims to be an organization where adolescents and young people are empowered to co-create a space to understand their 'Self' better, understand issues in society and take action. A space that inspires them to nourish relationships, and become socially conscious leaders in their own capacity.



Projects:

Curriculum Design: Designing and facilitating modules for adolescents: Designing, running and leading classes with adolescents and youth from Amberpet community of Hyderabad, India. The adolescents and youth come from marginalised communities. The Youth Resource Centre is a physical setup which young people of the community can access, and Rubaroo has been conducting activities to create spaces of expression and learning. The project requires the volunteer to look at creative ways of designing and executing the sessions on thematic such as arts, english proficiency, self expression, gender equality and life skills.

In the previous cycle one of the volunteers created a work-book for the participants (as mentioned above) on life skills. In this cycle, a volunteer can use the workbook to create video and audio cues to substantiate the workbook and facilitate learning. These projects are an opportunity to learn to create learning spaces while also experiencing the power of creative constraints.

Narrative building and Campaign Designing: Co-designing and facilitating social media campaigns on Sexual and Reproductive Health and Right of young people, on mental health and inter-faith harmony. The project is an opportunity to delve deeper into the thematic(s) and learn how to spark a social media campaign for change...and impact narrative shifts.

Journey Designs: Co-designing and facilitating a series of conversations to foreground inter-faith harmony, with a group of young people from India and the US, thereby building an international community of inter-faith champions. This project will be a great opportunity to delve deeper into the thematic, but also learn to become a mobiliser and an inter-faith champion. Note: This will be an 8-weeks project.

C. [Pravah](#)

About the Organisation: Pravah is a leading youth development organisation in India. Pravah's mission is to build future looking and holistic adolescent and youth leaders through psychosocial interventions leading to economic, political, and social inclusion. Since 1993, in addition to leading innovative interventions with adolescents and youth, Pravah has also worked closely with educators, trainers, Civil Society Organisations (CSO) to nurture an enabling ecosystem for adolescents and youth.

Projects:

Creation of queer friendly policy and creating a training module to support queer-friendly culture in the organisation: This will involve setting up a study to understand the employees and their level of understanding, drafting the policy and reciving feedback, designing a pilot training to help employees undstand the policy.



Designing a module on mental health for youth change leaders: Since Pravah works with nurturing change-makers, one of the challenges that they have articulated is being able to prioritise their well-being. Creation of a module that can equip young change makers with tools to prioritise their well-being while leading social activism can be of immense help. The project will also involve plotting the module and taking feedback from the participants over a period of time.

“Samjho toh” Journey Designs: Co-designing and facilitating a series of circles to foreground the value of dialogue over polarisation with a group of young people from India and the US, thereby building an international community of dialogue champions. This project will be a great opportunity to delve deeper into the thematic, but also learn to become a mobiliser and a dialogue champion. Note: This will be an 8-weeks project.

Creation of an online tool on wellbeing:

In the last couple of years and especially during the COVID period, online gaming became one of the most sought hangout spaces for young people. These games not only engaged them but also became a platform to build new relationships, dialogues and sharing of views and emotions. In our venture to continuously evolve and to remain relevant to young people and their needs, we see this as an opportunity to trigger an organic dialogue on emotional literacy. The aim is to create a meaningful experience and opportunity to engage in a self-facilitated manner. The Wellbeing game will be played on the zoom platform. The team has developed an initial idea on paper on how an experience of wellbeing can be facilitated through an online zoom-based game. They would need help to take it forward and also support to gamify it on zoom with all possible easy to operate methods. The project aims to design an engaging tool for young people to understand and experience emotional wellbeing.

Designing a self-paced course on engaging with and responding to conflicts: Pravah has been running successful workshops on transforming conflicts. We would now like to venture into digitising the module and design a self paced online course on the same and pilot test it.

D. [Sajhe Sapne](#)

About the Organisation: Sajhe Spame is a young social enterprise working to make Higher Education Work in Most Difficult Places. We are an all-women nonprofit on an audacious mission to make world-class professional courses and modern careers available to 200+ million young women in rural India. We have recently launched our first skill development program in Management and Rural Development to support young women become coordinators, project associates, facilitators in startups, nonprofits, social enterprises and community initiatives.

Projects:



Creating workbooks for English, Life Skills and Career Intelligence Modules: Creating practice exercises to help students of the organisation practice the lessons. This will be a great opportunity to interact and work closely with facilitators working with the organisation.

Setting up English Buddy: Since the young women Sajn Sapne works with belong to rural India, English speaking is a challenge for them. A volunteer can become a buddy for one of the women and engage in conversation with them in English to help them practice their speaking skills and gain confidence. While in the process, the volunteer sets up a virtual edition of the pen-pal, pairing the rural women with young students in the US as buddies for such interactions. In the end, the volunteer will review the success, impact and replicability of the programme.

E. [Haiyya](#)

About the Organisation: Haiyya was founded in 2015, with a vision to rebuild and transform the social fabric of India, where young leaders and their organisations are building grassroots citizen power to strengthen democracy, governance and human rights. We equip social changemakers, organizations and citizen groups to learn, innovate and adapt to the needs of the changemaking landscape. Using cutting edge modern day campaigning and community engagement frameworks, we create a loud thumping voice of participatory, people-powered programs.

Project: [Health Over Stigma](#)

Creation, development and dissemination of content for the Health Over Stigma campaign to continue the fight for Sexual and Reproductive Health services for adult and unmarried women in India. For example, creation of modules to train community leaders to build their understanding on inclusion and access to care.

F. [YOUCAN](#)

About the Organisation: The Youth Conservation Action Network (YOUCAN) was founded with a conviction in the power of youth leadership and collective impact to create a world with a nature educator in every school in India. We identify young adults, support them to become educators and empower them to improve environmental education in schools. In this way, children and youth will develop ecological consciousness to lead lifestyles that make a positive impact on the planet.

Projects:



Learning Programmes- Designing experiential learning programs on Nature for middle school students.

Ambassador: Becoming an ambassador to cross cultural understanding of Natural ecosystems between USA and India, by holding outreach programs in the US about India's natural heritage.

Earth Ambassadors Fellowship: Designing campaigning materials for YouCAN's Earth Ambassadors fellowship.

G. [Mindpiper](#)

About the Organisation: Mind Piper works towards unpacking the stigma around mental health by critically engaging with the issue of the access to quality mental health care. Our innovative framework enmeshes the ideas of psychiatry, psychology, technology and at the core of all this 'community'. The idea to create a culture of nurture and acceptance within individuals and communities! We provide efficient and effective therapeutic interventions through our wellness centres and online platforms. Apart from this, we actively work in the area of community mental health and youth wellness.

Projects:

Project 1: Ummeed: A Helpline for Children of Rajasthan to provide them with Mental Health and Psychosocial support along with redressal assistance (MHPSS+) in collaboration with Rajasthan State Commission for Protection of Child Rights. The project will involve Action Research (Possible Focus: Efficacy and efficiency of the telephone-based delivery of MHPSS+ support) to capture the best case practices of the current intervention and through consultation with the stakeholders.

Project 2: Designing and piloting a mental health participatory intervention focusing on both preventive and curative care for young adults in Delhi-NCR preparing for competitive exams. The project will involve, ideation and co-creation of the intervention through a data-enabled and collaborative approach.

Partnering with an international youth-focused organisation/agency working on anxiety concerns.

**Please note that the list is not an exhaustive list of projects and organisations.*